Personal Devotional Review

**Last week, I spent \_\_\_\_ minutes daily in personal devotions.**

**I spent devotional time with God on these days:**

❑ Sun ❑ Mon ❑ Tue ❑ Wed ❑ Thu ❑ Fri ❑ Sat

**I spent this time primarily:**  reading, praying, meditating, journaling, worshiping, studying, memorizing.

**I learned/heard from God:**

**The most memorable verse from this week was:**

**What interrupts my ability to have devotional time is:** phone, email, people, sleeping, illness, media, stress, work, worry, doubt, boredom, forgetfulness, schedule.

*How can my devotional time improve next week?*