

Authentic Worship

Definition: Regularly experiencing God and celebrating who he is and what he has done with joyful praise.

Relevant Scripture:

- Matthew 6:33** ‘Seek first his kingdom.’
- Psalms 33:3** ‘Sing a new song.’
- Matthew 18:20** ‘He is with us, when we gather together.’

Suggested study:

Jesus Calling (2004) by Sarah Young

On-going Practice/Spiritual Disciplines:

1. Private: Consistent devotional time with the Lord. Develop a time of prayer, worship, study, journal, stillness & quiet.
2. Public: Consistent participation in corporate worship setting.
3. Fill your world with worship music, lyrics & videos. Discover Christian songs that stir your heart and listen to them often.

Suggested experiences:

- *Be creative:* play an instrument, create artwork, write a song or poem of worship.
- *Rejoice in the Lord:* create/ find a place to sing & express your love for God. Seek the presence of the Lord with a grateful inspired heart.
- *Be courageous:* seek & find a small group, congregation & worship events (*IHOP* etc.) to experience uninhibited praise.

Additional resources:

- The book of **PSALMS**. 150 songs of Hebrew worship with all the emotions of a walk with God.
- **The Vineyard Discipleship Guides: Volume 1: Experience and Worship God, Partner with the Holy Spirit** (second edition, 2017) by Dr. Robert E. Logan