

Spiritual Practices

Discipleship: Helping others follow Christ

Definition: *A mature Christian helping others follow Christ with intentional life-on-life discipleship.*

Relevant Scripture

Matthew 22:35-40; 28:16-20
1 Thess. 3:2-3

Luke 15 (parables)
2 Timothy 2:15, 22

2 Peter 1:3-11

Suggested study:

High Quest Series for Men & Women by Ron & Mary Bennett

On-going Practice/Spiritual Disciplines:

1. Pray and seek out a mentor who can help you grow in faith and obedience. Meet regularly with them.
2. Pray and seek out a person or two that you can mentor in faith and obedience. Meet regularly with them.
3. Practice & share with others the many different spiritual disciplines.

Suggested experiences:

- Participate in a Weekly discipleship groups (2-3 people) for the seasons of more intense maturing.
- As a member of a discipleship groups of a larger size...make sure someone *knows* you and can encourage you on your journey as Jesus's disciple.

Additional resources:

Beginning the Walk (2018) by Ron & Mary Bennett

Celebration of Discipline (1980) by Richard Foster

Spiritual Disciplines of the Christian Life (1996) by Donald Whitney

Don't Waste Your Life (1994) by John Piper

