# **Spiritual Practices**



# Life Transforming Faith

<u>Definition</u>: Having a personal relationship with God the Father, Jesus & the Holy Spirit. Embracing the core beliefs of Christian faith for the purpose of life transformation.

Relevant Scripture:

John 1:1-18

John 16:1-15

1 Corinthians 15:3-4

Colossians 1:15-20

#### Suggested study:

Mere Christianity (1952) by C.S. Lewis

### **On-going Practice/Spiritual Disciplines:**

- 1. A vibrant growing devotional life to develop your faith with Jesus is key.
- 2. Join a Christian fellowship (congregation, para-church or support group).
- 3. Seek to become more like Christ. Christ obeying his commands. Study his life & teaching, turning to him daily.

Suggested experiences:

- Pray and ask Jesus into your heart as Lord & Savior, confessing & repenting of your sins.
- Attend an 'introduction to Christianity' class or small group'.
- Attend a retreat to explore spiritual practices & disciplines.

#### Additional resources

## The Apostle's Creed

Forgotten God (2009) by Francis Chan

Sacred Rhythms (2006) by Ruth Haley Barton

